

Sing and Play

Infants learn through their senses, and they like lots of physical activity in their games. Playing a singing and movement game gives babies something to do and something to hear and see. “Pat-a-Cake” and “Soooo Big” are two examples of simple games that babies love. You can move her hands for her and do the singing yourself if your child is not able to imitate your movements or say the words yet. Here’s a suggestion for another singing and moving game for your baby.

What you need:

- Time with your baby

Let’s go:

Sit your baby upright so that she can focus on your face. Make sure that both of your hands are free. As you sing or chant to your baby, look into her eyes, smile and move her hands gently to make the appropriate motions.

(sung to the tune of “Old Macdonald Had a Farm”)

My little baby has a nose

Eee-eye Eee-eye Oh

And on that nose she has a freckle

Eee-eye Eee-eye Oh

With a tickle, tickle here and a tickle, tickle there

Here a tickle, there a tickle everywhere a tickle tickle

My little baby has a nose

Eee-eye Eee-eye Oh